

## Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016

## Results

## Event 42 Women 14-27 50 LC Meter Apnea

	Name	Age	Team	Seed Time	Finals Time	Points
1	Salma Hesham Mohamed	20	Police	18.40	18.39	50
2	Gomana Abd Elnaser Eissa	17	Smouha	19.20	19.06	46
3	Aya Yasser Mohamed Samy	16	Ghaba	18.95	19.17	42
4	Lougi Yasser Mohamed	14	Smouha	21.36	20.15	39
5	Mayada Kamel Afify	19	Police	18.00	20.30	36
6	Jasmin Wael Saad	14	Shooting Cairo	18.20	20.60	33
7	Aya Mohamed Khamies	16	Smouha	20.97	20.76	30
8	Ayat Alaha Hany Ahmed	16	Shooting Cairo	21.80	21.53	27
9	Nada Ibrahim Mohamed	14	Smouha	21.75	x21.64	
10	Rawan Mohamed Hassan	15	Sporting Castel	19.80	21.98	24
11	Jana Mohamed Lotfy	14	Shooting Cairo	21.18	22.49	22
12	Amaal Ahmed Mahmoud	15	Shooting Cairo	21.87	x23.16	
13	May Hesham Ali Hassan	17	Police	20.14	23.39	20
14	Habiba Saad Aly	17	Smouha	24.20	x24.95	
15	Reem Ahmed Ramdan	14	Smouha	23.34	x25.05	
---	Nourhan Mohamed Loutfy	18	Smouha	21.06	DQ	
---	Nour Ashraf Mohamed	15	Sporting Castel	19.95	DQ	
---	Hamees Yasser Ahmed	14	Smouha	23.90	DQ	
---	Basant Mohamed Elsayed	15	Shooting Cairo	20.89	DQ	

**Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016****Results****Event 50 Women 14-27 200 LC Meter BF**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Rawda Nabil Mohamed	14	Smouha	2:01.03	1:59.24	50
2	Monera Ibrahim Basyouni	17	Smouha	2:00.19	1:59.45	46
3	Hala Ahmed Ramzy	15	Smouha	1:57.64	1:59.75	42
4	Nourhan Ibrahim Abd El-Fatah	20	Ghaba	1:56.00	2:01.16	39
5	Mariam Abd El-Maged Sayed	20	Ghaba	1:56.00	2:03.20	36
6	Tasnim Alaa Sabir Ahmed	15	Ghaba	2:00.00	2:12.66	33
7	Aya Yasser Mohamed Samy	16	Ghaba	1:58.00	x2:12.86	
8	Shahenda Ibrahim Moustafa	17	Shooting Cairo	2:11.00	2:20.25	30
9	Ayat Alaha Hany Ahmed	16	Shooting Cairo	2:00.00	2:22.62	27
10	Asmaa Mohamed Abd El Bar	19	Al-Tersana	2:00.00	2:27.54	24
11	Mirna Magdy Mahmoud	17	Police	2:08.00	2:48.17	22
12	Farida Nader Moustafa	16	Sporting Castel	NT	2:50.89	20

## Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016

## Results

## Event 58 Women 14-27 100 LC Meter SF

	Name	Age	Team	Seed Time	Finals Time	Points
1	Salma Hesham Mohamed	20	Police	42.50	45.37	50
2	Hagar Alaa Eldin Ramdan	20	Police	43.45	46.56	46
3	Aya Mohamed Khamies	16	Smouha	48.03	47.72	42
4	Lougi Yasser Mohamed	14	Smouha	47.64	48.85	39
5	Nourhan Ibrahim Abd El-Fatah	20	Ghaba	44.00	49.14	36
6	Rawaa Mohamed Gamal	17	Ghaba	44.00	49.29	33
7	Jana Hassan Mohamed Shmis	15	Ghaba	55.00	49.95	30
8	Zena Mohamed Khamies	15	Smouha	49.86	50.90	27
9	Nada Ibrahim Mohamed	14	Smouha	51.46	x51.19	
10	Rawan Mohamed Hassan	15	Sporting Castel	48.00	51.64	24
11	Basant Mohamed Elsayed	15	Shooting Cairo	47.83	53.69	22
12	Ayat Alaha Hany Ahmed	16	Shooting Cairo	50.00	53.81	20
13	Amaal Ahmed Mahmoud	15	Shooting Cairo	50.00	54.15	18
14	Mona Mohamed Khamies	17	Smouha	51.52	x54.45	
15	Hamees Yasser Ahmed	14	Smouha	54.69	x55.95	
16	Jana Mohamed Lotfy	14	Shooting Cairo	51.67	x56.03	
17	Nour Ashraf Mohamed	15	Sporting Castel	48.00	56.78	16
18	Aida Mohamed Sayed Mohame	15	Ghaba	55.00	x59.38	
19	Farida Nader Moustafa	16	Sporting Castel	NT	1:03.23	14
20	Sara Mohamed Khalaf	15	Sporting Castel	50.55	x1:04.02	
---	Habiba Saad Aly	17	Smouha	53.81	DQ	
---	Nourhan Mohamed Loutfy	18	Smouha	54.44	DQ	
---	Reem Ahmed Ramdan	14	Smouha	54.16	DQ	

## Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016

## Results

## Event 66 Women 14-27 800 LC Meter SF

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Hagar Alaa Eldin Ramdan	20	Police	7:40.00	8:23.17	50
2	Aya Mohamed Khamies	16	Smouha	8:14.00	8:28.77	46
3	Mona Mohamed Khamies	17	Smouha	8:46.68	8:48.67	42
4	Nourhan Mohamed Loutfy	18	Smouha	8:35.36	9:11.38	39
5	Mariam Mohamed Hassan	15	Ghaba	8:00.00	9:14.03	36
6	Reem Ahmed Ramdan	14	Smouha	8:46.17	x9:27.83	
7	May Hesham Ali Hassan	17	Police	8:30.00	9:31.84	33
8	Aida Mohamed Sayed Mohame	15	Ghaba	8:00.00	9:31.94	30
9	Sohila Elsayed Albadawy	16	Army Club	9:00.00	9:33.21	27
10	Jana Hassan Mohamed Shmis	15	Ghaba	8:10.00	9:41.52	24
11	Lougi Yasser Mohamed	14	Smouha	8:40.08	x9:51.77	
12	Nour Ashraf Mohamed	15	Sporting Castel	7:55.00	10:08.55	22
---	Alaa Mohamed Abd Elmotelb	15	Bank Ahly Cairo	7:15.00	DQ	

## Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016

## Results

## Event 74 Women 14-27 200 LC Meter SF

	Name	Age	Team	Seed Time	Finals Time	Points
1	Salma Hesham Mohamed	20	Police	1:38.00	1:44.05	50
2	Aya Mohamed Khamies	16	Smouha	1:48.65	1:50.57	46
3	Hagar Alaa Eldin Ramdan	20	Police	1:38.00	1:50.72	42
4	Lougi Yasser Mohamed	14	Smouha	1:51.58	1:52.59	39
5	Jasmin Wael Saad	14	Shooting Cairo	1:41.00	1:53.66	36
6	Rawaa Mohamed Gamal	17	Ghaba	1:43.00	1:53.86	33
7	Nourhan Mohamed Loutfy	18	Smouha	1:51.02	1:57.22	30
8	Rawan Mohamed Hassan	15	Sporting Castel	1:47.00	1:58.17	27
9	Zena Mohamed Khamies	15	Smouha	1:53.84	x2:00.43	
10	Mona Mohamed Khamies	17	Smouha	1:50.11	x2:01.03	
11	Haydi Yasser Salah	14	Shooting Cairo	2:00.00	2:01.37	24
12	Youmna Mohamed Moubark	19	Shooting Cairo	1:50.00	2:02.58	22
13	Jana Mohamed Lotfy	14	Shooting Cairo	1:55.00	x2:04.50	
14	Reem Ahmed Ramdan	14	Smouha	2:02.69	x2:05.42	
15	Nada Ibrahim Mohamed	14	Smouha	1:55.11	x2:06.32	
16	Habiba Saad Aly	17	Smouha	3:05.56	x2:11.63	
17	Marina Ashraf Adeimun	17	Ghaba	1:49.00	2:12.41	20
18	Aida Mohamed Sayed Mohame	15	Ghaba	2:02.00	2:13.68	18
19	Hamees Yasser Ahmed	14	Smouha	2:09.32	x2:14.93	
---	Nourhan Ibrahim Abd El-Fatah	20	Ghaba	1:49.00	DQ	

## Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016

## Results

## Event 82 Women 14-27 100 LC Meter BF

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Hala Ahmed Ramzy	15	Smouha	52.20	53.28	50
2	Rawda Nabil Mohamed	14	Smouha	53.91	53.38	46
3	Mariam Tarek Moursy	17	Ghaba	51.00	54.00	42
4	Nourhan Ibrahim Abd El-Fatah	20	Ghaba	51.00	54.84	39
5	Mariam Abd El-Maged Sayed	20	Ghaba	51.00	55.03	36
6	Nadeen Ahmed Farouk	17	Smouha	55.85	56.38	33
7	Reta Tarek Abdou	18	YMCA	55.10	57.81	30
8	Tasnim Alaa Sabir Ahmed	15	Ghaba	59.00	x58.61	
9	Ayat Alaha Hany Ahmed	16	Shooting Cairo	59.00	1:00.43	27
10	Nadia Yasser Alakad	17	Shooting Cairo	58.00	1:01.19	24
11	Zina Essam Mohamed	17	Shooting Cairo	57.32	1:01.41	22
12	Shahenda Ibrahim Moustafa	17	Shooting Cairo	57.00	x1:01.75	
13	Salma Yousef AbdEl-Rahman	18	Smouha	56.92	x1:02.07	
14	Nadeen Aly Ahmed	18	Smouha	1:01.50	x1:03.70	
15	Nardin Ashraf Edmond	14	Ghaba	55.00	x1:04.88	
16	Nourhan Yousry Mohamed	18	Smouha	1:04.84	x1:10.24	
17	Farida Nader Moustafa	16	Sporting Castel	NT	1:13.84	20

**Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016****Results****Event 90 Women 14-27 4x200 LC Meter SF Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Smouha	A	NT	7:23.63	50
1) Aya Mohamed Khamies 16	2) Lougi Yasser Mohamed 14	3) Nada Ibrahim Mohamed 14	4) Nourhan Mohamed Loutfy 18	
2 Asec	A	NT	7:34.83	46
1) Reham Nasr el den 19	2) Marem Amr Ibrahim 16	3) Radaa Mohamed El-Sherbini 16	4) Nada Hossam Ahmed Shakar 15	
3 Olempic	A	NT	7:49.84	42
1) Shimaa Ahmed Abf Elmetaal 16	2) Nada Ramy ElSayed 16	3) Rawan Tarek ElSayed Hassan 14	4) Youmna Taha Araf 16	
4 Ghaba	A	NT	8:01.09	39
1) Aya Yasser Mohamed Samy 16	2) Rawaa Mohamed Gamal 17	3) Radwa Mohamed Gamal 19	4) Mariam Sayed Ahmed Sabar 16	
5 Army Club	A	NT	8:17.52	36
1) Yasmin Abdo Mohamed 18	2) Hagar Ahmed Salah Aldin 18	3) Maram Abd Elsalam Ibrahim 18	4) Sohila Elsayed Albadawy 16	
6 Shooting Cairo	A	NT	8:19.10	33
1) Jana Mohamed Lotfy 14	2) Youmna Mohamed Moubark 19	3) Salma Azab Mohamed 19	4) Haydi Yasser Salah 14	
--- Police	A	NT	DQ	
1) Salma Hesham Mohamed 20	2) Nada El-Hussin Moustafa 17	3) Marem Hassan Hessen 16	4) Amira Maher Abd El-Baki 16	

## Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016

## Results

## Event 98 Women 14-27 50 LC Meter SF

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hagar Alaa Eldin Ramdan	20	Police	20.00	20.87	50
2	Salma Hesham Mohamed	20	Police	19.75	20.98	46
3	Aya Yasser Mohamed Samy	16	Ghaba	19.00	21.44	42
4	Jasmin Wael Saad	14	Shooting Cairo	19.07	21.54	39
5	Nourhan Mohamed Loutfy	18	Smouha	22.84	21.70	36
6	Jana Hassan Mohamed Shmis	15	Ghaba	23.00	22.06	33
7	Aya Mohamed Khamies	16	Smouha	21.70	22.23	30
8	Lougi Yasser Mohamed	14	Smouha	22.09	22.34	27
9	Rawan Mohamed Hassan	15	Sporting Castel	21.20	23.01	24
10	Nour Ashraf Mohamed	15	Sporting Castel	21.81	23.45	22
11	Nada Ibrahim Mohamed	14	Smouha	22.82	x23.55	
12	Amaal Ahmed Mahmoud	15	Shooting Cairo	22.15	23.65	20
13	Hamees Yasser Ahmed	14	Smouha	24.26	x24.50	
14	Jana Mohamed Lotfy	14	Shooting Cairo	22.05	24.68	18
15	Reem Ahmed Ramdan	14	Smouha	24.56	x24.92	
16	Sohila Elsayed Albadawy	16	Army Club	24.00	25.62	16
17	Habiba Saad Aly	17	Smouha	24.56	x25.72	
18	Farida Nader Moustafa	16	Sporting Castel	NT	27.97	14



**Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016****Results****Event 106 Women 14-27 100 LC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Amira Yasser Alakaad	15	Shooting Cairo	43.00	47.16	50
2	Jasmin Wael Saad	14	Shooting Cairo	44.00	48.38	46
3	Aya Yasser Mohamed Samy	16	Ghaba	45.00	49.11	42
4	Marina Ashraf Adeimun	17	Ghaba	50.00	1:01.67	39

**Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016****Results****Event 114 Women 14-27 4x100 LC Meter BF Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Smouha	A	NT	3:43.00	50
1) Nadeen Ahmed Farouk 17	2) Aya Mohamed Khamies 16	3) Salma Yousef AbdEl-Rahman 18	4) Hala Ahmed Ramzy 15	
2 Ghaba	A	NT	3:44.75	46
1) Mariam Abd El-Maged Sayed 20	2) Radwa Mohamed Gamal 19	3) Nourhan Ibrahim Abd El-Fatah 20	4) Youmeni Khaled Abu Al-Yazid 1	
3 Shooting Cairo	A	NT	4:01.48	42
1) Zina Essam Mohamed 17	2) Ayat Alaha Hany Ahmed 16	3) Yasmien Ibrahim Ahmed 16	4) Farah Osama Mohamed 17	
4 Police	A	NT	4:04.80	39
1) Salma Hesham Mohamed 20	2) Salma Magdy Fouad 19	3) Nada El-Hussin Moustafa 17	4) Amira Maher Abd El-Baki 16	
5 Olempic	A	NT	4:13.16	36
1) Youmna Taha Araf 16	2) Nada Ramy ElSayed 16	3) Rawan Mohamed Mahmoud 16	4) Shimaa Ahmed Abf Elmetaal 16	
6 Sporting Castel	A	NT	4:14.46	33
1) Rawan Mohamed Hassan 15	2) Nour Ashraf Mohamed 15	3) Nada Rafat Yousef 17	4) Sohila Eslam Ahmed 16	
7 El Ealameyen	A	NT	4:15.87	30
1) Fatima Zahra Alaa Eldin 14	2) Marim Amr Abd Elazim 14	3) Anan Magdy Tawfik 14	4) Shrouk Yasar Mohamed 14	

**Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016****Results****Event 122 Women 14-27 1500 LC Meter SF**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Aya Mohamed Khamies	16	Smouha	17:35.11	16:16.49	50
2	Mona Mohamed Khamies	17	Smouha	17:18.66	16:37.70	46
3	Zena Mohamed Khamies	15	Smouha	16:59.11	16:39.31	42
4	Mirna Magdy Mahmoud	17	Police	16:10.00	17:50.40	39
5	Sohila Elsayed Albadawy	16	Army Club	18:20.00	17:58.04	36
6	May Magdy Mahmoud	15	Police	15:25.00	18:24.57	33
7	Reem Ahmed Ramdan	14	Smouha	17:20.11	x18:29.42	
8	Aida Mohamed Sayed Mohame	15	Ghaba	16:00.00	18:43.72	30
9	Nor Ashraf Shendy	15	Sporting Castel	17:40.00	19:03.37	27
10	Marina Ashraf Adeimun	17	Ghaba	16:00.00	19:13.22	24

## Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016

## Results

## Event 130 Women 14-27 400 LC Meter SF

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Hagar Alaa Eldin Ramdan	20	Police	3:41.00	3:56.17	50
2	Rawaa Mohamed Gamal	17	Ghaba	3:45.00	3:58.43	46
3	Alaa Mohamed Abd Elmotelb	15	Bank Ahly Cairo	3:40.00	4:00.95	42
4	Aya Mohamed Khamies	16	Smouha	3:57.13	4:01.82	39
5	Lougi Yasser Mohamed	14	Smouha	4:04.48	4:08.86	36
6	Nourhan Mohamed Loutfy	18	Smouha	4:11.34	4:19.09	33
7	Nourhan Ibrahim Abd El-Fatah	20	Ghaba	3:50.00	4:19.80	30
8	Zena Mohamed Khamies	15	Smouha	4:03.18	x4:20.08	
9	Nada El-Hussin Moustafa	17	Police	3:42.00	4:20.11	27
10	Haydi Yasser Salah	14	Shooting Cairo	3:55.00	4:21.82	24
11	Ayat Alaha Hany Ahmed	16	Shooting Cairo	4:15.00	4:29.79	22
12	Reem Ahmed Ramdan	14	Smouha	4:27.87	x4:32.72	
13	Aida Mohamed Sayed Mohame	15	Ghaba	4:08.00	4:37.82	20
14	May Hesham Ali Hassan	17	Police	4:00.00	4:44.77	18

## Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016

## Results

## Event 138 Women 14-27 50 LC Meter BF

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hala Ahmed Ramzy	15	Smouha	23.51	24.19	50
2	Reta Tarek Abdou	18	YMCA	22.30	24.78	46
3	Mariam Abd El-Maged Sayed	20	Ghaba	23.00	24.88	42
4	Nadeen Ahmed Farouk	17	Smouha	25.14	24.90	39
5	Rodina Osama Abd Elmaksoud	16	Shooting Cairo	23.20	24.98	36
6	Nourhan Ibrahim Abd El-Fatah	20	Ghaba	23.00	25.28	33
7	Salma Hesham Mohamed	20	Police	24.00	25.48	30
8	Nadeen Aly Ahmed	18	Smouha	27.50	27.08	27
9	Nadia Yasser Alakad	17	Shooting Cairo	27.00	27.67	24
10	Basma Ashraf Abd Elmohsen	15	Bank Ahly Cairo	29.00	28.07	22
11	Alaa Mohamed Abd Elmotelb	15	Bank Ahly Cairo	27.00	28.43	20
12	Zina Essam Mohamed	17	Shooting Cairo	25.02	28.48	18
13	Nourhan Yousry Mohamed	18	Smouha	28.32	x28.56	
14	Rawan Mohamed Hassan	15	Sporting Castel	27.40	28.67	16
15	Aya Yousry Abd Elfatah	17	Bank Ahly Cairo	28.00	30.36	14
16	Safaa Khaled Mahmoud Hamdy	16	Cairo Scout	30.29	30.88	12
17	Hana Hany Hassan	18	Sokar Elhwmdeia	30.00	31.44	10
18	Farida Nader Moustafa	16	Sporting Castel	NT	32.03	8
19	Yara Ahmed Mahmoud Yousry	14	Cairo Scout	33.34	36.12	7

**Egypt Cup Finswim 2016 - 22/09/2016 to 29/09/2016****Results****Event 146 Women 14-27 4x100 LC Meter SF Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Smouha	A	NT	3:15.39	50
1) Nourhan Mohamed Loutfy 18	2) Zena Mohamed Khamies 15	3) Aya Mohamed Khamies 16	4) Lougi Yasser Mohamed 14	
2 Police	A	NT	3:15.49	46
1) Salma Hesham Mohamed 20	2) Amira Maher Abd El-Baki 16	3) Nada El-Hussin Moustafa 17	4) Hagar Alaa Eldin Ramdan 20	
3 Asec	A	NT	3:19.18	42
1) Reham Nasr el den 19	2) Rodayna Hossam Hanafy 16	3) Marem Amr Ibrahim 16	4) Radaa Mohamed El-Sherbini 16	
4 Ghaba	A	NT	3:19.37	39
1) Aya Yasser Mohamed Samy 16	2) Nourhan Ibrahim Abd El-Fatah 20	3) Radwa Mohamed Gamal 19	4) Rawaa Mohamed Gamal 17	
5 Olempic	A	NT	3:21.17	36
1) Shimaa Ahmed Abf Elmetaal 16	2) Nada Ramy ElSayed 16	3) Youmna Taha Araf 16	4) Rawan Mohamed Mahmoud 16	
6 Shooting Cairo	A	NT	3:23.10	33
1) Jasmin Wael Saad 14	2) Basant Mohamed Elsayed 15	3) Amira Yasser Alakaad 15	4) Habiba Waleed Mohamed 17	
7 Bank Ahly Cairo	A	NT	3:52.21	30
1) Basma Ashraf Abd Elmohsen 15	2) Salma Yasser Saad 14	3) Alaa Mohamed Abd Elmotelb 15	4) Aya Yousry Abd Elfatah 17	